



**Wristband School Menu**

# Weekly Menu 3

16<sup>th</sup> January, 13<sup>th</sup> February & 20<sup>th</sup> March, 2023

Dish	Day 1	Day 2	Day 3	Day 4	Day 5
<b>Red Choice</b>	Minced Beef & Dumplings Creamed Potatoes Cabbage Diced Swede	Pork & Carrot Meatballs or Quorn Meatballs (V) served in a Tomato Sauce with Pasta Broccoli & Diced Carrots	Chicken Curry or Diced Quorn Curry (V) served with Rice Mixed Vegetables	Lasagne Homemade Garlic Bread Tossed Salad & Coleslaw	Harry Ramsden Fish Fillet Oven Baked Chips Garden Peas Baked Beans
<b>Blue Choice</b>	Baked Quorn Sausages (V)			Quorn Lasagne (V)	
<b>Green Choice</b>	Baked Sausages Baked Potato Wedges Spaghetti Hoops	Jacket Potato filled with Tuna, Cheese (V) or Baked Beans (V)	Homemade Pizza (V) Oven Roasted Potatoes Baked Beans	Fish Star Baked Jacket Potatoes Sweetcorn	Baked Cheese & Onion Roll (V) Oven Baked Chips Garden Peas Baked Beans
<b>Cold Selection</b>	Tuna Sandwich Baked Potato Wedges	Egg Sandwich (V) Baked Jacket Potatoes	Tuna Sandwich Oven Roasted Potatoes	Ham Sandwich Baked Jacket Potatoes	Egg Mayo Sandwich (V) Oven Baked Chips
<b>Desserts</b>	Marble Sponge with Custard Sauce  Cold Bar  Fresh Fruit Bowl	Oaty Apple Crumble with Custard Sauce  Cold Bar  Fresh Fruit Salad	Creamy Rice Pudding with Jam Sauce  Cold Bar  Fresh Fruit Bowl	Jam Roly Poly with Custard Sauce  Cold Bar  Fresh Fruit Salad	Feathered Sponge with Custard Sauce  Cold Bar  Fresh Fruit Bowl



For allergen information please ask a member of the Catering Team

Salad bar available daily

Fresh juice, milk & water served daily

Daily additional choice: Homemade biscuit & yoghurt