



Wristband Primary School Menu

Weekly Menu 3

18th September, 16th October, 20th November & 18th December, 2023

Dish	Day 1	Day 2	Day 3	Day 4	Day 5
Red Choice	Baked Cumberland Sausages Oven Roasted Potatoes Sweetcorn Diced Carrots	Lasagne Homemade Garlic Bread Mixed Vegetables	Chicken Curry & Rice Garden Peas Cauliflower	Roast Gammon & Pineapple Oven Roasted Potatoes Broccoli Diced Carrots	Harry Ramsden Fish Fillet Oven Baked Chips Garden Peas Baked Beans
Blue Choice		Quorn Lasagne (V)			
Green Choice	Salmon & Sweet Potato Fishcake Oven Roasted Potatoes Sweetcorn Diced Carrots	Jacket Potato filled with Tuna, Cheese (V) or Baked Beans (V)	Homemade Pizza (V) Baked Potato wedges Spaghetti Hoops	Cheese Omelette (V) Oven Roasted Potatoes Broccoli Diced Carrots	Homemade Quiche (V) Oven Baked Chips Garden Peas Baked Beans
Cold Selection	Cheese Sandwich (V) Oven Roasted Potatoes	Ham Sandwich Baked Jacket Potatoes	Egg Mayo Sandwich (V) Baked Potato Wedges	Tuna Sandwich Oven Roasted Potatoes	Cheese Sandwich (V) Oven Baked Chips
Desserts	Jam Sponge with Custard Sauce Cold Bar Fresh Fruit Bowl	Ginger Sponge with Custard Sauce Cold Bar Fresh Fruit Salad	Chocolate Crunch with Custard Sauce Cold Bar Fresh Fruit Bowl	Syrup Roly Poly with Custard Sauce Cold Bar Fresh Fruit Salad	Creamy Rice Pudding with Jam Sauce Cold Bar Fresh Fruit Bowl



For allergen information please ask a member of the Catering Team

Salad bar available daily

Fresh juice, milk & water served daily

Daily additional choice: Homemade biscuit & yoghurt